

**Note: You can type into cells using a word processing application and they will expand to accommodate your input**

**Nova Scotia Board of Examiners in Psychology  
Learning Objectives and Year End Review Form  
Form 2 – Mandatory**

<b>Name</b>		<b>Reg. #</b>		<b>Year Reporting</b>	
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<b>Core Competency Learning Objectives</b>	<b>Continuing Competence Activity</b>	<b>Credits Claimed</b>
<b>Assessment &amp; Evaluation</b>		
My Learning Objective(s) for this competency is / are:		
<b>Intervention and Treatment</b>		
My Learning Objective(s) for this competency is / are:		
<b>Research</b>		
My Learning Objective(s) for this competency is / are:		

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<b>Ethics &amp; Standards</b>		
My Learning Objective(s) for this competency is / area:		
<b>Interpersonal Relationship</b>		
My Learning Objective(s) for this competency is / area:		

Psychologists are expected to establish learning objectives in at least 3 of the Core Competency areas each year. Additionally, in a 3 year period, registrants are encouraged to establish learning objectives for all 5 Core Competency areas.

In the event that you are chosen for an audit, the following documentation should be submitted to the NSBEP:

- Form 2 Learning Objectives and Year End Review Form – see above
- Documentation supporting the activities you have claimed – as outlined below

You are free to format the supporting documentation in any manner as long as the content of your supporting documentation includes the items noted below

For information about the various Continuing Competence activities and their credit values, please see the Continuing Competence Activities and Credit Values Table (below)

**Nova Scotia Board of Examiners in Psychology**  
**Continuing Competence Activities and Credit Values**  
 Minimum 20 credits required each year to maintain registration status

<b>Continuing Competency Activity</b>	<b>Maximum # of Credits Allowed each Renewal Period</b>	<b>Value of Credits by Activity</b>	<b>Documentation Required</b>
1. Peer Consultation (case consultation groups, journal clubs, grand rounds, regional research groups, mentoring, shadowing a colleague)	10	1 hour = 1 credit	Your documentation should outline the date, duration, and general area of discussion and/or name of presenter and topic presented
2. Practice Outcome Monitoring (assessing patient/client outcomes via questionnaire)	5	10 patients/clients = 1 credit	Your documentation should reference what you have done, number of patients, and submit a blank copy of the questionnaire / survey administered
3. Professional Activities: <ul style="list-style-type: none"> <li>• Serving on the executive of a psychological association</li> <li>• Serving on the board of a psychology regulatory body</li> <li>• Serving on a committee of a psychological association</li> </ul>	10	1 year per Board / Association / Committee = 5 credits	Your documentation should state the name of board / committee and dates served

<ul style="list-style-type: none"> <li>Serving on a committee of a psychology regulatory body</li> </ul>			
4. Sitting on a Board as a representative of Psychology (positions that: a. require a psychologist or b. psychologists sit on in order to bring their related expertise)	5	1 year = 5 credits	Your documentation should state the name of board and dates served
5. Supervision of NSBEP Candidates	12	1 hour = 1 credit	Your documentation should state the number of candidates supervised and names
6. Supervision of psychology graduate students (e.g. thesis, comprehensive students; psychology interns and practicum students; post doctoral fellows; medical residents)	6	1 Intern, Student or Resident = 2 credits	Your documentation should state the name and type of supervisee (in order to qualify for this credit, supervision should be regular and ongoing)
7. Conferences/Conventions (attendance time)	10	1 credit per session (e.g. keynote, theory review, conversation hour, symposium, oral presentation, poster session) 1 session = 1 hour	Your documentation should include a copy of any of the following (if available): certificate, brochure, receipt, etc. Alternatively, state the name of the conference item, along with date and duration

8. Academic Courses (Graduate-level course from a recognized institution related to psychologist's discipline)	10	1 course = 10 credits	Your documentation should include a transcript showing the completed course
9. Instruction (teaching a course in a recognized institution, full day workshop presentation) – only counts first time teaching or presenting)	10	10 credits per course / full day workshop.  <b>1 credit per lecture, etc.:</b> <ul style="list-style-type: none"> <li>• lectures,</li> <li>• seminars,</li> <li>• public presentations</li> </ul>	Your documentation should include a copy of the course syllabus <u>or</u> dates and topics of lectures, seminars or public presentations
10. Publication / submission (writing for peer-reviewed publications, book chapter – one submission can only be counted once)	10	1 submission = 5 credits	Your documentation should state the title of submission and where it was submitted
11. Workshops / Webinars / Online Learning	10	1 hour = 1 credit	Your documentation should include a copy of any of the following (if available): a certificate, brochure or receipts. Alternatively, state the name of the workshop or webinar along with date and duration
12. Self-directed learning (reading, videos, unsponsored activities)	6	1 hour = 1 credit	Your documentation should state the name of the book, chapter or title of what was read / viewed

13. Board Certification (e.g. American Board of Professional Psychology - can count for 100% of required Continuing Competency requirements in the year)	20	Certification awarded = 20 credits	Your documentation should include a copy of the certificate provided upon successful completion of the certification process
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Minimum 20 credits required each year to maintain registration status

Revisions to Form 2:  
September 11, 2015  
December 17, 2014  
January 1, 2014

Revisions to Continuing Competence Activities and Credit Values Table:  
November 29, 2017  
December 1, 2016  
September 11, 2015  
December 17, 2014  
March 9, 2012  
February 3, 2012  
November 22, 2011